

CONCRETE FASHION TIPS

*Some concrete fashion tips
for the DIY man*

The experienced, well-dressed DIY man is always aware of the need to match **SAFETY WITH STYLE** when working with concrete. The latest "Covered-Up" look enables you to work in comfort yet still be "real cool".

LONG-SLEEVED SHIRT

Unfortunately muscular arms must be covered to avoid distracting your Moral Support. Colour and design to your own choice. No ties needed here.

GLOVES

No serious concretor's wardrobe is complete without a pair of matching gloves. Choose yours from the "Waterproof Collection" the true hallmark of safety in fashion.

BOOTS

An absolute 'must' for the smooth, masculine image. This year the fashionable length for "wellies" is just below the knee. Yellow is a particularly amusing colour.

MORAL SUPPORT

Available in all shapes and sizes. Dress optional. Ideal for mopping fevered brows and dispensing ice-cold drinks or even lemon tea.

KNEE PADS

Most "contact" sports require protective padding and these dashing accessories provide just the right "finishing" touch.

SHOVEL

The international sign for the man-at-work. Do choose a size and shape on which you can take the occasional rest.

Always in the right gear!

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CONCRETE FASHION TIPS

Concrete The safe way!

Concrete, one of the man's oldest building materials, is also one of the safest. Over the years, very few people have experienced any form of injury from mixing and using concrete. However, there is a risk that prolonged contact with wet cements, mortars and concretes might cause skin irritation and, in rare cases, even burns owing to –

- the alkaline or caustic nature of wet cement,
- its tendency to absorb moisture from the skin, and
- the abrasive effect of sand in mortar or concrete on bare skin.

The risks of skin irritation can be avoided by taking the simple common-sense precaution of covering up those parts of the body most likely to come into contact with wet cements and concretes.

HANDS – waterproof gloves are the best protection, without holes and preferably with elasticated wrist bands.

FOREARMS – long-sleeved shirts should provide good protection.

KNEES – kneepads, easily home-made, make kneeling down to finish off wet concrete a much more comfortable business.

LEGS AND ANKLES –

full length trousers and wellington boots are both essential since it is often necessary to stand in wet concrete. Boots should be in good repair and high enough to prevent concrete from splashing over the tops.

If by chance the eyes or any part of the skin comes into contact with wet concrete, wash immediately and thoroughly with fresh water. Clothing which becomes saturated with fresh concrete should be removed quickly and the affected skin washed properly.

If, despite these precautions, a mild irritation of the skin is felt, this can be relieved by applying a skin cream after washing.

Whenever there is a persistent or severe irritation or pain, a doctor should be consulted.



Always remember the golden rule, keep the skin completely covered and wash thoroughly.

For safety with style, use ready mixed

Issued in the interests of Customer Safety by



C&G CONSTRUCTION SOLUTIONS



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